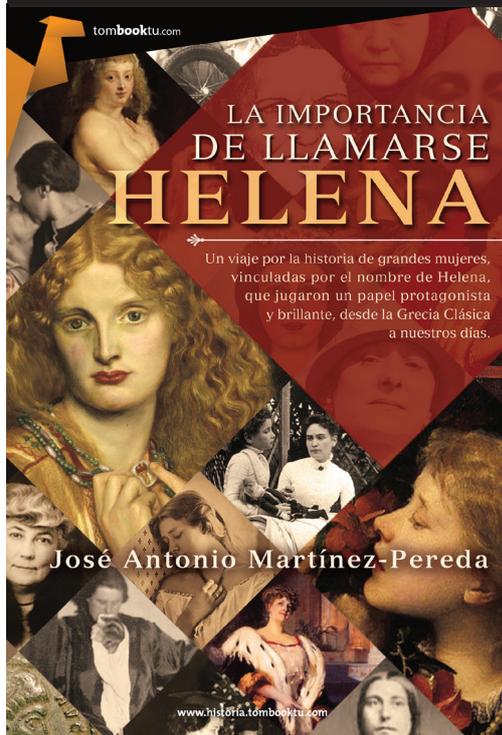


THE IMPORTANCE OF BEING HELEN



José Antonio Martínez-Pereda



A journey through History, following the lives of great women who shared the name of Helen and played a leading and astounding role in their societies, from Classical Greece to the present day

Synopsis

These fascinating Helens stood out in the fields of arts, sciences, politics and culture: Helen of Troy, Madame Blavatsky, Gala Dalí, Elena Zapata... This is a gripping journey through the lives of some remarkable women who left a deep mark on History. Goddesses, scientists, adventurers, muses, artists, clairvoyants, spies... All of them remind us to the eternal and mythical, to the captive and captivating Helen of Troy.

This work is the result of rigorous research, a study of a group of very different women who existed in different times and places, who managed to overcome the obstacles that society placed in their way and played a leading and astounding role in their day and age. Through an objective biographical assessment, Martínez-Pereda discloses never before published data and delivers original texts from different time periods. Besides, he also connects this group of female pioneers with many interesting characters from several fields: literature, science, esotericism, politics, etc.

Join us for this trip: with the help of immortal Helen, we will travel from classical Rome to Nazi Germany, from Paris between the wars to the peaks of Tibet. Discover the fascinating lives of these astounding women; although some of them are very well known, some others have been unjustly forgotten.

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Biography

José A. Martínez-Pereda is a veterinary surgeon and a lawyer. Currently, he is completing a doctorate in Law. He is also the author of numerous national and international scientific publications. He was one of the founders of La Gaceta Veterinaria, a publication in which he collaborated for several years with cultural and literary articles. He is an expert on Portuguese culture and has translated and prefaced the book *Unpublished Letters and Other Forgotten Pages* by J.M. Eça de Queiroz for Muelle de Uribitarte Editores (forthcoming publication).



You can follow him in the Facebook group "The importance of being Helen"

Sales pitch

-An intriguing and unique work that focuses on the lives of the most fascinating women in History, women that have been mostly ignored by literature.

-The book journeys through their lives showing us the never revealed before connections that link their biographies in a rich tapestry.

-This work includes lots of unreleased material (letters, diaries, newspaper articles of those days, etc.) that infuses more realism and objectivity to these stories (without forgetting the human side of these biographies, which is the author's trademark) and provides some insight into the personalities of these great women.



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